

Valedictory Address to Modern Students

Volume - 38

(The contents of this booklet have been taken out from the newly prepared Text Book titled "Life Building Science" on a newly conceived and designed subject of "Value Education for Life Building and Successful Living" for study by our modern students)

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This booklet is meant for free distribution amongst our dear modern students, with a fervent prayer to them to kindly study the booklet earnestly and meticulously, put the knowledge gained from the teachings contained in the book into practice in their day-to-day lives sincerely and diligently, and thereby, derive immense benefits for themselves throughout their lives. This is in their own interest and for their highest welfare and supreme good.

They are also requested to kindly bring this booklet to the knowledge of maximum number of their classmates and friends so that they also can derive similar benefits for themselves.

Views of Students; Teachers and Professors; School, College and University Authorities; Educationists and Academicians; Parents and Guardians and all other Readers, on this booklet are humbly and earnestly invited in the following address:-

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PRAYERS

धीयो यो नः प्रचोदयात्

May That Supreme Being impel our intellect
towards the right path.

असतो मा सद्गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्मा अमृतं गमय ॥

Lead us from unreal unto Real,
Lead us from darkness unto Light,
Lead us from death unto Immortality.

आ नो भद्राः क्रतवो यन्तु विश्वतः

Let noble thoughts come to us from all sides.

सा विद्या या विमुक्तये

Knowledge is that which liberates.

उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत ।

Arise ! Awake ! Having reached the
great (teacher), learn (realise that Atman).

अज्ञानतिमिरान्धस्य ज्ञानाञ्जनशलाकया ।
चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः ॥

I prostrate to that Sadguru, Who opens, with the
Collyrium-stick of Knowledge, the eyes of him who
is rendered blind by the darkness of ignorance.

ॐ सह नाववतु । सह नौ भुनक्तु ।
सह वीर्यं करवावहै । तेजस्विनावधीतमस्तु मा विद्विषावहै ॥
ॐ शान्तिः शान्तिः शान्तिः ।

May He (The Supreme Being) protect us both (the teacher
and the taught). May He cause us both to enjoy the bliss of
Mukti (liberation). May we both exert to find out the true
meaning of the scriptures. May our studies be fruitful.

May we never quarrel with each other.

वसुधैव कुटुम्बकम्

The whole universe is one family.

ॐ सर्वेषां स्वस्ति भवतु । सर्वेषां शान्तिर्भवतु ।

सर्वेषां पुर्णं भवतु । सर्वेषां मङ्गलं भवतु ॥

May asupiciousness be unto all,

May peace be unto all,

May fullness be unto all,

May prosperity be unto all.

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभागभवेत् ॥

May all be happy,

May all be free from disabilities,

May all behold what is auspiciousness,

May none suffer from sorrows.

लोका समस्ता सुखिनो भवन्तु ।

May Happiness be unto all Beings.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पुर्णमेवावशिष्यते ॥

Om ! That (Brahman) is full. This (Universe) is Full.

From That (Brahman) Full, this (Universe) Full has come.

When this (Universe) full is taken from That (Brahman) full,

It (Brahman) always remains Full.

Peace be to the East ! Peace be to the West !

Peace be to the North ! Peace be to the South !

Peace be above ! Peace be below !

Peace be to all creatures of this universe !!

ॐ शान्तिः शान्तिः शान्तिः ।

Om ! Peace, Peace, Peace.

Life Building Science

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Valedictory Address to Modern Students (Swami Sivachidananda Saraswati)

(Author's Note: In ancient time, students were imparted, in accordance with our great, glorious, lofty, unique and ideal Indian Culture or *Bharatiya Sanskruti*, the right kind of education, viz. life-building, character-building and man-making education through moral, ethical, religious and spiritual education as well as secular education by *Rishis*, *Munis*, the teachers, in educational centres known as *Gurukulas* or *Rishikulas*. During their education there, students were able to lay the foundation of their life properly and strongly with good physical health, powerful mind, noble character and ethical conduct and with strict observance of complete celibacy. Students were imparted knowledge about our country's great and glorious ancient culture and on the four grand goals of ideal human life according to our own culture, i.e. righteousness, economic prosperity, vital worldly desires and spiritual illumination, for living a successful, complete, purposeful, prosperous, happy and peaceful human life. Thus, students were coming out of the *Gurukulas* and *Rishikulas* with proper and strong foundation of their life; and rightly and adequately taught; and well prepared to live their future life completely and successfully.

Further, after completion of their education and before leaving the *Gurukulas* and *Rishikulas*, the *Rishis*, *Munis*, the teachers, were delivering convocation addresses to their students. Their convocation addresses contained some parting advices which were then considered necessary for students to observe in their future household life in the society for living their life rightly. (One such convocation address delivered by an ancient Preceptor, the Great Sage *Yajnavalkya*, to his students on completion of their education in his *Gurukula*, as contained in the *Taittiriya Upanishad*, *Siksha Valli*, *Eleventh Anuvaka* - 1 to 5, has been included in this book for study and benefits of our modern students).

In the modern time, students are imparted secular education only in schools, colleges and universities. They are not given life-building, character-building and man-making education through

moral, ethical, religious and spiritual education. Consequently, they do not know about the same and are unable to lay the foundation of their life properly and strongly during their golden student life and youth period. They are also ignorant about our country's great, glorious, lofty, unique and ideal ancient Indian Culture or *Bharatiya Sankruti* and on the four grand goals of ideal human life to be achieved according to our own culture for living a complete, purposeful, prosperous and successful life.

Also, after completion of their education in schools and colleges, our modern students are also not given parting advices through convocation addresses regarding living of their future household life in the society rightly. However, convocation functions are arranged at universities and institutes; and dignitaries and guests from outside are invited to deliver convocation addresses to the students. Those addresses cover mostly topics relating to the respective fields of interest/ activities of the invited dignitaries and guests and in many cases, do not appear to be much related to living of future life rightly by the students, when compared with the ancient convocation addresses.

In this context, one 04 Days Student Awareness Programme on "Value Education for Life Building and Successful Living" was organised at IDM Public School, Bolangir, Odisha during November 2019 for guidance of their students, in the situation of lack of life-building, character-building and man-making education. At the end of the said programme, Swami Sivachidananda Saraswati belonging to the Divine Life Society, Rishikesh, India and the Secretary, Sivananda Centenary Boys High School, Bhubaneswar, Odisha, India delivered, in his inimitable style, the valedictory address to the participating students. That address can be termed as a convocation address to our modern students.

The said valedictory address of Shri Swamiji contains his valuable advices on all aspects of building of human life properly and strongly and living the same rightly i.e. completely, purposefully, prosperously and successfully by our modern students. Thus, the said valedictory address takes care of the complete needs of our modern students in this matter, in the present

situation of lack of life-building, character-building and man-making education in the study curriculum in our modern schools, colleges and universities and also the present conditions obtaining in our modern society. In view of the same, the said address can be regarded as much more than convocation address, when compared with the ancient convocation address.

Further, in our humble view, the said valedictory address of Shri Swamiji is comprehensive and all-inclusive as well as highly enlightening and greatly inspiring. The said address is enormously valuable and profoundly beneficial for our modern students in the matter of building their life rightly during their student life and youth period and living their future life ideally and successfully. As such, it can be regarded as a life-long Universal Guide and True Companion of our modern students. Therefore, the said address has been collected and reproduced below, with the kind consent of Shri Swamiji, for study by our modern students all over for their right guidance and great personal benefits.

I most earnestly and fervently pray to our dear modern students to kindly study the aforesaid valedictory address of Shri Swamiji patiently, carefully, thoroughly and meticulously, with due earnestness and great interest; and also practise the advices contained therein earnestly, meticulously, sincerely and committedly in their day-to-day life, in their own interest and for their highest welfare and supreme good. Thereby, it is firmly believed, they will derive immense benefits for themselves.)

The above valedictory address of Shri Swamiji is reproduced as under:-

Part - I

Universal Prayer

O Adorable Lord of Mercy and Love!
 Salutations and prostrations unto Thee.
 Thou art Omnipresent, Omnipotent and Omniscient.
 Thou art Existence-Consciousness-Bliss Absolute.
 Thou art the Indweller of all beings.

Grant us an understanding heart,
Equal vision, balanced mind,
Faith, devotion and wisdom.
Grant us inner spiritual strength
To resist temptations and to control the mind.
Free us from egoism, lust, greed, hatred,
anger and jealousy,
Fill our hearts with divine virtues.

Let us behold Thee in all these names and forms.
Let us serve Thee in all these names and forms.
Let us ever remember Thee.
Let us ever sing Thy glories.
Let Thy Name be ever on our lips.
Let us abide in Thee for ever and ever.

Part - II

Blessed students ! When the result of some good actions performed by a person in some of his past births come up to fructify, it comes as a divine blessing in the form of some good fortune and auspiciousness at a point of time in his life. Accordingly, you must have done some good actions in some of your past births which have now fructified, and the good result of the same has come to you now as a divine blessing in the form of this Students Awareness Programme on the subject of "Value Education for Life Building and Successful Living", which shows you "The Right Path" of human life upon this earth plane. That too, it has come at this very beginning period of your life here in the world. Because, this is the right time and most suitable and appropriate period during which you need to know "The Right Path" of your life and accordingly, you need to build your life properly so that you can live your future long life successfully, that is, economically prosperously as well as spiritually happily and peacefully. You are blessed in that way. Therefore, I address you all as the "Blessed Students".

Blessed students ! In the situation of lack of life-building, character-building and man-making education or moral, ethical, religious and spiritual education, called value education, in the modern schools, colleges and universities, it is a matter of great happiness that you have successfully undergone and completed this Students Awareness Programme on the subject of "Value Education for Life Building and Successful Living".

During this short duration programme, you have been introduced to various lessons on the subject of "Life Building and Successful Living". Now you have known the meaning, necessity, importance and benefits of each lesson on the said subject. You have also been presented with a set of the Book of compilation "Youth ! Arise, Arise, Awake and Adopt the Right Path of Life" in 15 volumes, which contains detailed teachings of the great, illumined and world renowned Saints Shri Swami Sivananda Saraswati and Shri Swami Chidananda Saraswati of the International Divine Life Society, Rishikesh, India, on all lessons on the subject of "Life Building and Successful Living".

Blessed students ! Please study all the lessons of the Book earnestly, devoutly, sincerely, carefully and meticulously. Please study the lessons with "*manana*" or calm and deep reflection in your mind for some time; and with "*nidhidhyasana*" or calm, composed and deep meditation for some longer time on the teachings contained in the lessons of this book so that you will be able to absorb and assimilate the same in your mind deeply and retain in your memory instantly and for long period. Please study the Book for half an hour daily. However, if you can not devote such time daily because of the heavy burden of your class lessons, please study the Book for 02 to 03 hours on Sundays and Holidays. And acquire knowledge on all topics on "Life Building and Successful Living".

Blessed students ! After acquiring such knowledge, you need to put the same into practice in your daily life so that you

can derive the real benefits for you. Knowledge is meant to be practised. If you do not practise, you can not derive the real benefits in your life. Knowledge is primary, but practice is must. This is extremely important for you. Please, therefore, practise, practise and practise the teachings. Please never neglect it.

Please practise *asana*, *pranayama* and physical exercises regularly; take good, nutritious and balanced food and have adequate sleep and thereby, build good physical health. Good physical health will enable you to perform your duties and responsibilities smoothly and efficiently and thereby, to achieve success in all fields of activities in your life.

Please practise thought culture, will culture, memory culture, concentration and meditation and develop a powerful mind. A powerful mind will enable you to perform your duties and responsibilities quickly, skillfully, efficiently and perfectly and thereby, to achieve success in all fields of activities in your life. You will get astounding results and derive immense benefits in your life by empowering your mind.

Please build noble character or *satcharitra* by cultivation of good qualities such as obedience, humility, respectfulness, friendliness, self-control, discipline, truth, non-violence, purity, self-control, honesty, selflessness, friendliness, love, compassion, forgiveness, tolerance, optimism; and eradication of evil qualities such as lust, anger, greed, selfishness, hatred, jealousy, arrogance, fear, pessimism. Please also cultivate 18 other good qualities which my Spiritual Master His Holiness Shri Swami Sivananda Saraswati has composed in the form of a song called the Song of Eighteen Ities. The Song is:-

SONG OF EIGHTEEN 'ITIES'

Serenity, regularity, absence of vanity,
Sincerity, simplicity, veracity,
Equanimity, fixity, non-irritability,

Adaptability, humility, tenacity,
 Integrity, nobility, magnanimity,
 Charity, generosity, purity,
 Practise daily these eighteen 'ities'.
 You will soon attain immortality.
 Brahman is the only real entity.
 Mr. So and so is a false non-entity.
 You will abide in Eternity and Infinity,
 You will behold unity in diversity.
 You cannot attain this in the university.
 You can attain this in the Forest University."

Please build noble character, because noble character is the greatest power on earth. It is also the most valuable wealth of your life. This is the most important foundation of your life. With a noble character, you can achieve victory and success in all undertakings and in all fields of your life. This will enable to perform ethical conduct or righteous conduct and thereby, make a bright future destiny for you.

Please perform ethical conduct or righteous conduct or *sadachara*. According to the universal and immutable Law of Actions, "as you sow, so shall you reap". If you perform ethical conduct or righteous actions, it will bestow good results upon you. But, if you perform unethical conduct or bad actions, it will yield bad results for you. By performing ethical conduct or righteous actions, you can achieve real success both in your professional and secular life and in your spiritual life. Please, therefore, perform always ethical conduct or righteous conduct or virtuous conduct or *sadachara*. This is another most important foundation of your life. This will make your future destiny as a bright one.

Please strictly observe complete celibacy or "*Purna Brahmacharya*". "*Brahmacharya*" will contribute a great deal in building your life strongly. "*Brahmacharya*" will bestow upon

you success in all undertakings and in all fields of your life, both secular and spiritual. It will enable you to live your life successfully, both economically and spiritually. It will also contribute a great deal in building an excellent and magnetic personality. It is the basis of success both in your secular life and in your spiritual life. Strict observance of complete celibacy or "*Purna Brahmacharya*" is of vital importance in your life.

Blessed students ! Ethics and spirituality are the most worthy pursuits of human life according to our great, glorious, lofty, unique and ideal Indian Culture or *Bharatiya Sanskruti*. Please remember this well; and together with prosecuting your school, college and university education, please commence living an ethical life or *dharmik jeevana* and spiritual life or *aadhyatmik jeevana* from your student life and youth period itself in all possible manners. This is extremely important. And living of such life is also possible and very easy. It will pay you rich dividends in your entire life. In this connection, my Spiritual Master His Holiness Shri Swami Sivananda Saraswati says:-

Quote: "Beloved children! The spiritual seed must be sown just now. Offer a fragrant flower to the Lord. It is a great offering. When you are young, you must do japa, kirtan and meditation, and study religious books. If you sow the seed now itself, it will strike a deep root, blossom forth in time and yield the fruit of immortality. When you grow older, you will develop knowledge and wisdom and devotion to the Lord. They will be your real wealth, eternal bliss and perennial joy." **Unquote.**

Blessed students ! Our Holy Scriptures say that "*Aacharyadevo bhava*" (आचार्यदेवो भव), that means the Teachers or the *Acharyas* or the *Gurus* are the Gods. Therefore, while studying in the educational institutions, please pay respect to them accordingly. Exhibit *shradhha* or love, *bhakti* or devotion and *vishwas* or faith in your conduct towards them. Obey them. Listen to them. Emulate their good qualities. Please pay regards

to your seniors and love your juniors. Please maintain amicable and friendly relations with your classmates and friends. Please obey the rules and maintain discipline in the school.

Blessed students ! Please keep company of good people. This will help you to live your life rightly. Please always remain away from bad company. Because, the effects of bad company are disastrous. Bad company will ruin your life. Further, although television, computer and mobile phone are found necessary in the modern world, those are also your bad company and are considered as the dreaded enemies. Please, therefore, keep their use to the minimum, as is badly necessary. But, please do not use the same indiscriminately. Please do not use those instruments as sources of entertainment and for passing of time, because use of the same for longer period are said to result in many types of serious physical, mental, emotional and psychological problems and sicknesses. Doctors and psychologists say that many times such mental and psychological diseases are almost incurable.

Blessed students ! Please put in hard labour. Study your class lessons sincerely, meticulously, tenaciously and dedicatedly. Acquire thorough and deep knowledge on the subjects. Please perform well in the examinations and come out with flying colours. This is necessary for enabling you to make a good profession, vocation or occupation for ensuring your physical existence upon this earth plane. Study is your primary duty. This is very important. Please do not neglect it.

Blessed students ! Complete your education and become a good professional like doctor, engineer, lawyer, management executive, chartered accountant, lecturer, professor or a good businessman or an agriculturist. Simultaneously, please note to become a good man, a noble man and an ethical man in your professional and household life. Please earn money and acquire material prosperity in order to meet your life's basic necessities, family needs, social needs, national and other needs and to live a

reasonably comfortable life. But please note to earn money by honest and fair means only and without causing harm to others, in accordance with the rules of *Dharma* or ethical code of conduct. Become economically prosperous but in the legitimate way only. And with the help of your legitimately earned income and within the limit of the same, fulfill your various types of worldly and secular desires, that is, physical, biological, mental, psychological and emotional desires. But please ensure that such desires are need-based only and are legitimate ones. Please live a life of simple living and high thinking. Please live an ideal household life. Such household life or secular life is inevitable and very important. This will give you true happiness in life.

Blessed students ! Please also note to become a spiritual man. Please live the spiritual life. Please pursue spirituality and practise Yoga and Vedanta in accordance with the instructions of your Spiritual Preceptor. Please live the divine life. Please put in your best endeavours to achieve the supreme goal of life, that is, Self-realisation or God-realisation or Liberation of the Soul from the cycle of births and deaths or *Moksha*. Achievement of this supreme goal of life will bestow upon you lasting happiness and eternal peace. It will also result in permanent cessation of all worldly sorrows and sufferings in your life. Spiritual life is indispensable and extremely important. Please never neglect this.

Blessed students ! Let ethics or righteousness or *dharma* govern all activities in all fields throughout your entire life. This will give you true material prosperity and real happiness. And let spirituality or *aadhyatmikata* be your greatest pursuit and supreme goal of life. This will give you permanent happiness and eternal peace. Ethics and spirituality are the life breadth of our Indian Culture or *Bharatiya Sanskruti*. Please remember this well and strive your best to become ethically perfect and spiritually wealthy. Thus, live your life successfully and ideally. Thus will your living upon this earth plane become ideal, successful,

complete, meaningful, purposeful, prosperous and worthy. This is extremely important. Please never neglect it.

Part - III

Blessed students ! Coming to the family front, building your personal life properly and living the same successfully will have great positive impact on your children. You will be well equipped to groom them rightly by instilling in their mind moral and ethical values and spiritual impressions or *sanskaras*. You can develop them as well-mannered, good, noble, ethical, spiritual and successful human beings and in that manner, you can perform your duty towards them well. Blessed students ! Our Holy Scriptures say "*Matridevo bhava*" (मातृदेवो भव), that means the Mothers are Gods. "*Pitridevo bhava*" (पितृदेवो भव), that means the Fathers are Gods. Therefore, in your family life, treat your mother and father as Gods. Pay respects to them accordingly. Serve them lovingly. Take proper care of them. Please also treat other elder members in the family similarly. Extend love and affection to your brothers and sisters. Learn to practise adjustment and cooperation, and live lovingly and amicably with all family members. Maintain cordial and harmonious relations with all of them. Please make your home the heaven on the earth.

Blessed students ! Become a good member of the society. Perform well your duties towards your fellow beings in the society. Do *paropakara* or good to others. Help the needy, feed the poor, clothe the naked, serve the sick, share what you have with the less fortunate brethren, speak words of kindness, compassion, consolation, sympathy, encouragement with the forlorn and the disheartened. This is the greatest social duty. Also, as our Holy Scriptures and our Saints and Sages say, *paropakara* or doing good to others is the highest duty or *parama dharma* of human beings.

Understand religion in its true meaning and practice the same correctly. Follow your own religion but pay respect to all

other religions. Please maintain religious unity. Keep friendly, loving, cordial and harmonious relations with your neighbours and all people belonging to all religions, faiths, castes, creed, colours, genders and nations, because we all are the divine children of The One Almighty Supreme Lord, our Divine Father and therefore, we all are the divine brothers and sisters.

Also be kind and sympathetic towards the animals and insects; and the plants and trees, which are also the living creations of the Almighty Supreme Lord, the Creator. Never inflict harm or cause injury to them. Our Holy Scriptures and our Saints and Sages say that non-violence is the highest duty or *parama dharma* (अहिंसा परमोधर्मः) of human beings.

Thus, please become a good member and a real asset of the society.

Blessed students ! You are a citizen of the nation. Please, therefore, perform your duties towards the nation. Please love your motherland. Please be loyal to the nation. Please be patriotic to the nation. Please be nationalistic. Please maintain national unity, integrity, harmony and peace. Please obey and observe the laws and rules of the nation. Please protect all national properties. Please keep public places neat, clean and pollution-free. Please also preserve and protect the natural environment around you including trees, forest, water, river, air, etc. Please maintain ecological balance. Please also perform the duties of citizens as have been enshrined in our nation's Constitution. Please perform your duty first and then ask for your right. Thus, please be an ideal citizen and a real asset of the nation.

Blessed students ! You are also a citizen of the world. We, in India, in accordance with our great ancient culture or *Bharatiya Sanskruti*, believe in the principles of (a) Common Fatherhood of one God and Universal Brotherhood of all human beings upon this earth planet, (b) The Whole Universe is One Family and (c) Let all people of the world become happy. Please, therefore,

practise and live these mottos in your personal life. Please keep up the feeling of universal brotherhood and maintain harmonious relations among all people of all nations of the world. Please practise unity of religions and contribute towards world peace. Please offer prayer for the well being of all people of the world and for world peace. And thus, become an ideal citizen and a true asset of the world.

Blessed students ! Every country has its own culture and that culture only is suitable to its people. Please, therefore, follow our own culture, that is Indian Culture or *Bharatiya Sanskruti*. Please do not imitate blindly western culture which is not meant for our people and is not suitable to us. You should not imitate their superficial fashion and material way of life, but you should emulate their good qualities like cleanliness, punctuality, discipline, dutifulness, honesty, loyalty, patriotism, nationalism etc. Western culture contributes towards achievement of two goals only in human life. Those are: accumulation of huge material wealth and enjoyment of abundant worldly pleasures. These two achievements may give you plentiful material happiness and worldly pleasures but such happiness and pleasures do not last long, instead, these things are temporary only. Ultimately, these two achievements will result in sorrows and sufferings in your life. This has been the experiences of the people who have followed the western culture. But Indian Culture or *Bharatiya Sanskruti*, our own culture, will give you true material prosperity and legitimate worldly pleasures. These two achievements will give you true happiness and such happiness will last long. In addition, Indian Culture or *Bharatiya Sanskruti* will bestow upon you two more invaluable and most worthy achievements. Those are "righteousness" or "*dharma*" and "spirituality" or "*aadhyatmikata*". These two great achievements will result in attainment of the supreme goal of life, that is, Self-realisation or God-realisation or Liberation of Soul from the cycle of births

and deaths or *Moksha*. This will bestow upon you happiness that will be permanent and peace that will be eternal. These two great achievements will also result in permanent cessation of sorrows and sufferings in your life. Then only, your living upon this earth plane will be meaningful, purposeful, prosperous, peaceful, complete and successful. Then only, your living upon this earth plane will be ideal. Please, therefore, follow Indian Culture or *Bharatiya Sanskruti*, our own culture, our great, glorious, lofty, unique and ideal culture, in letter and spirit; and live your entire life in the pattern as has been envisaged and prescribed in our own culture. Please shine as "A True *Bharatiya*". Please radiate as "A Real *Bharatiya*". Please feel proud to be "A Genuine *Bharatiya*". Please never forget this. Please never neglect this. This is extremely important.

Blessed students ! Last, but not the least, please study Holy Scriptures and keep company of Holy Persons, Saints, Sages, Prophets and Godmen for some time every day. However, if it is not possible every day, then devote sufficient time for the same at least once in every week. But please make it a regular habit. Never neglect this. Because, these two pursuits are very much enlightening, beneficial, powerful and effective. These two pursuits will constantly show you "The Right Path of Life" and also guide, inspire and encourage you always to keep on walking in "The Right Path of Life" amidst all obstacles and unfavourable circumstances. Then only you will be able to live a successful life upon this earth plane.

Blessed students ! Another most important thing. Please "DIN", that is, "Do It Now" as my Spiritual Master His Holiness Shri Swami Sivananda Saraswati says. Because, if you will think that you will study the book of compilation "Youth ! Arise, Arise, Awake and Adopt the Right Path of Life" tomorrow or practice the knowledge to be gained from the said book "tomorrow", that "tomorrow" will never come, and in that case, you will be

the greatest loser. But if you study the book "today" and practise the teachings "today", you will be the greatest beneficiary. Life is short. Time is fleeting. Therefore, please "DIN", "Do It Now" and derive immense benefits for yourself. This is in your own interest, and for your highest welfare and supreme good.

Part - IV

I pray to the Almighty Supreme Lord and all Saints, Sages, Prophets and Godmen of all nations, religions, faiths and beliefs to bestow Their Choicest Blessings upon you to enable you to endeavour your best on "The Right Path of Life", build your life properly and live the same successfully.

God Bless you all.

Dear Modern Students !

You can study the soft copy of other write-ups and all other lessons on the subject of "Life-building, Character-building and Man-making Education", which are contained in the newly conceived, designed and prepared Text Book titled "Life Building Science", in the Internet Archive.

You can do so by accessing internet through any browser, logging in <archive.org>, clicking - <Advance Search> (A box of fields will appear on the screen), typing <Mohan Lal Agrawal> in the field "Creator" and clicking <Search>. The above books in PDF format will be displayed.

NOTE

List of Complete Publications and Videos of the Author

A. Publications

Students related publications

1. Youth ! Arise, Awake and Adopt the Right Path of Life (16 volumes)
2. Value Education for Life building and Successful Living
3. Life Building Science (Text Book)
4. Valedictory Address to Modern Students
5. Students' Awareness Programme
6. Noble Character, Ethical Conduct and Celibacy

Teachers related publications

1. Teaching Profession - Its True Dimensions
2. Teachers' Orientation Programme

Other publications

1. God's Unique Gifts to Modern Mankind - Swami Sivananda and Sivananda Literature (02 volumes)
2. Lead us from darkness unto Light (02 volumes)

The soft copies of all the above books are available in the "Internet Archive" and can be searched / accessed as under:-

- Access internet, Log in <archive.org>
- Click - <Advance Search>. A box of fields will appear on the screen
- Type <Mohan Lal Agrawal> in the field "Creator"
- Click <Search>. The above books will be displayed.

B. Videos

Students, as well as Teachers, Parents and Guardians can watch one 04 Days Students' Awareness Programmes on "Value Education for Life Building and Successful Living", with

one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ).

Students, as well as Teachers, Parents and Guardians can watch the Certificate Course on "Life Building and Successful Living", with one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Life Building Science>, (Link:-https://www.youtube.com/channel/UC_engDsJG4yfEEM6e9UQuEA); and also in the aforesaid Internet Archive.

In case one "01 Day Students' Awareness Programme", with the write-ups of the book titled “Students’ Awareness Programme”, is organised in future in some school, our revered Students and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "ODSAP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ).

In case one "01 Day Teachers' Orientation Programme", with the write-ups of the book titled "Teachers' Orientation Programme", is organised in future in some school, our revered Teachers and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "TOP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ).